



## Dear Parents/Carers

Year 3 were visited by a Stone Age Man on Monday (thank you, parents and carers, for sorting such good and imaginative costumes). They learnt about many aspects of life in those days, including the scientific aspects of building Stone Henge and how people nowadays think it may have been achieved. He also proved that girls are as strong as boys!

Monday this week was the first working day after Epiphany (the special day celebrating the Wise Men's visit to the baby Jesus). Traditionally this was the day the plough boys went back to work after the Christmas holiday (back in the 15<sup>th</sup> century). At that time they would not have been paid for their holiday and their families would have been on the breadline, so tradition has it that they blackened their faces and did an ancient version of 'trick or treat', visiting neighbouring villages and towns, knocking on doors and asking for money. They took their plough with them, and if no money was given, they ploughed up the gardens of the wealthy! To make sure they could not be recognised, they blackened their faces with soot. They also performed dances and these came to be called Molly Dances. So 40 Molly dancers descended on The Bishops', complete with instruments and blackened faces, to let the children enjoy this ancient custom.





On Tuesday we celebrated **Christingle**, the special Children's Society service celebrating Jesus as the light of the world. We will be doing the same in church next Tuesday morning at 9.15am for the other half of the school – so you are very welcome to join us whether or not your children will be in church on that day.

Year 6 have been learning about the **Hindu** beliefs of Dharma and Karma, which are often appropriate to school life!



### Computer Game Sense

Children periodically tell us what they have been doing on the computers at home and what they have been watching, and sometimes I am compelled to contact parents to suggest that what they are allowing their children to see is not helpful or sensible. I have no wish to be condescending, but I would suggest that:

***If you allow your primary-aged child to see/ play games or videos that have an age-rating that is 16+ or 18+, then you are putting material in their way which is not designed for children and which may harm how they learn, how they think and how they relate to others. As parents, it is far, far better to enter their world and enjoy the activities which are created for them at their age. They are children for such a short time, let's not take away their innocence and make them grow up too quickly.***

If you want to check out how suitable a game is, have a look at:  
<https://www.commonsemmedia.org/game-reviews>





## Lunchtime Menu

Week beginning Monday 15<sup>th</sup> January 2018

Homemade Spaghetti Bolognese	Chicken Fillet Burger in a Brioche Bun	Local Butcher's Roast Chicken served with a Yorkshire Pudding and Gravy	Christopher Robin's Beloved Chicken Nuggets Everyone's Favourite Hot dogs	Mini Breakfast Sausage & Bacon
Spaghetti Napolitaine 	Vegetarian Burger in a Brioche Bun	Sage and Onion Topped Quorn Fillet served with a Yorkshire Pudding and Gravy	Everyone's Favourite Vegetarian Hot Dogs	Mini Breakfast Vegetarian Sausages 
Garlic Bread	New Potatoes Roasted Vegetable Selection	Roast Potatoes Sweetcorn Garden Peas	Poohstick French Fries Piglet's Baked Beans or Sweetcorn Rabbit's Salad Bar	Baked Beans Bread
Jacket Potato with Cheese or Tuna Mayo	Jacket Potato with Cheese or Tuna Mayo			
Fruit crumble and custard or Muller Corner Yoghurt or Organic Yeo Valley Yoghurt or Selection of Fresh Fruit	Arctic Roll or Muller Corner Yoghurt or Organic Yeo Valley Yoghurt or Selection of Fresh Fruit	Muller Corner Yoghurt or Organic Yeo Valley Yoghurt or Selection of Fresh Fruit 	Tigger's Ice Cream Tubs or Smoothies  Roo's Fresh Fruit Selection	Pancakes with Banana Slices and Maple Syrup or Muller Corner Yoghurt or Organic Yeo Valley Yoghurt or Selection of Fresh Fruit
<b>Salad Bar and Fresh Bread available everyday</b>				

## Sports News



A wonderful afternoon was enjoyed by all at the **Sports Hall Athletics Competition** on Tuesday. More than 20 children from The Bishops' took part competing in both indoor track and field events. Daniel Lewis jumped over 2m in the Long Jump and Shekinah threw much further in the Javelin. Both of these were the winning distances out of all the children who took part from the 7 schools attending. Thank you to all those who helped on the day!



The **PTA AGM** is taking place on the **16th January 2018 at 7.15pm** in the staff room.

At this meeting we will have a brief overview of the events of the previous year and the treasurer will talk us through the financial report. Following this the current Chair, Vice Chair, Treasurer and Secretary will officially stand down as per our constitutional agreement. The vacancies must be filled by the close of the meeting for the PTA to remain. If you are interested in knowing more about the roles then please email/message or catch me in the playground for a chat.

The meeting is open to any parent to attend. Everyone is welcome.

Kind Regards and thank you for all your support during my year as Chair. Jane.

Find us @BishopsPta or The Bishops' School PTA on Facebook.

Or contact us at: [thebishopspta@hotmail.com](mailto:thebishopspta@hotmail.com)

## **Looking Ahead...**

### **Tuesday 16<sup>th</sup> January—**

Christingle Service for group 2 in school (Bdgrs, 1H, 2M, 3F, 4Y, 5B, 6F); PTA AGM

**Monday 22<sup>nd</sup> January —** FS Height/Weight/Vision assessment in school

**Friday 26<sup>th</sup> January—**Badminton County Final, Benfleet, 9.30am-1pm; Vicky Ford MP visiting Yr6

### **Wednesday 31<sup>st</sup> January—**

Choir to Young Voices Concert at O2, 11.30am-11.30pm; FS bedtime stories

**Monday 5<sup>th</sup> February—** Choir to Barnardo's Young Supporters Concert, Barbican, 7.30am-11.30pm

**Tuesday 6<sup>th</sup> February—**Parents' Evening, 3.30-6.30pm

**Wednesday 7<sup>th</sup> February—**FS Parents viewing Learning Journeys, 2.30pm

**Thursday 8<sup>th</sup> February—**Parents' Evening, 5-8pm

**Friday 9<sup>th</sup> February—**Talent Show; break up for half term

**Monday 12<sup>th</sup> to Friday 16<sup>th</sup> February—**Half Term break

**Tuesday 20<sup>th</sup> February—**Year 4 Superstars event at CSAC, 12.30-14.45pm

**Wednesday 21<sup>st</sup> February—**Year 3 and 4 Orienteering, 1-3pm

**Friday 23<sup>rd</sup> February—**Yr 1 bedtime stories—**tbc**

**Thursday 1<sup>st</sup> March—**Yr 6 trip to Natural History Museum

**Tuesday 6<sup>th</sup> March—**Yr4 trip to Colchester Castle

**Monday 12<sup>th</sup> March—**Class photos—**tbc**

**Wednesday 14<sup>th</sup> March—**Football match v Great Baddow, parish field, after school

**Monday 19<sup>th</sup> March—**KS1 Tag Rugby, Writtle College, 1-3pm

**Wednesday 21<sup>st</sup> March—**Downs Syndrome 'Odd Socks' Day; Yr4 Speaking Competition at ARU

### **Monday 26<sup>th</sup> to Thurs 29<sup>th</sup> March—**

Holy Week: Palm Monday, Maundy Tuesday, Good Wednesday, Easter Thursday

Easter Celebrations including Stations of the Cross

**Thursday 29<sup>th</sup> March—**Last day of term

***Please see the online version of this week's newsletter for the dates for this term's Services and Assemblies (to be in the printed version of next week's newsletter)***

## Church Services and Class Assemblies this term

**Tuesday 16<sup>th</sup> January**—Christingle Service for Group 2

**Friday 19<sup>th</sup> January**—2M's Class Assembly

**Tuesday 23<sup>rd</sup> January**—Church Service for Group 1 led by 1C

**Friday 26<sup>th</sup> January**—4SHW's Class Assembly

**Tuesday 30<sup>th</sup> January**—Church Service for Group 2 led by 1H

**Friday 2<sup>nd</sup> February**—3R's Class Assembly

**Tuesday 6<sup>th</sup> February**—Church Service for Group 1 led by 6A

**Friday 9<sup>th</sup> February**—1H's Class Assembly

**Tuesday 20<sup>th</sup> February**—Church Service for Group 2 led by 6FT

**Friday 23<sup>rd</sup> February**—4YS's Class Assembly

**Tuesday 27<sup>th</sup> February**—Church Service for Group 1 led by 5E

**Friday 2<sup>nd</sup> March**—3F's Class Assembly

**Tuesday 6<sup>th</sup> March**—Church Service for Group 2 led by 5B

**Friday 9<sup>th</sup> March**—1C's Class Assembly

**Tuesday 13<sup>th</sup> March**—Mothering Sunday Services for everyone in House Groups

**Friday 16<sup>th</sup> March**—FSM's Class Assembly

**Tuesday 20<sup>th</sup> March**—Church Service for Group 1

**Friday 23<sup>rd</sup> March**—FSLM's Class Assembly

**Monday 26<sup>th</sup> to Thursday 29<sup>th</sup> March-**

Easter 'gatherings' through the week

*Group 1: FSLM, 1C, 2C, 3R, 4SHW, 5E, 6A)*

*Group 2: FSM, 1H, 2M, 4YS, 3F, 5B, 6FT)*



*"It is more fun to talk with someone who doesn't use long, difficult words but rather short, easy words like, 'What about lunch?'"*

**Winnie the Pooh  
Themed Lunch  
on Thursday 18<sup>th</sup> January 2018**



*Trivia:  
The famous English author A. A. Milne (who created Winnie the Pooh) was born on this day in 1892*



*"The things that make me different are the things that make me."*

**Christopher Robin's beloved chicken nuggets**

**Everyone's favourite hot dogs  
(vegetarian option available)**

*"My spelling is wobbly. It's good spelling but it wobbles, and the letters get in the wrong places."*

**Poohstick French fries**

**Piglet's choice of  
baked beans or sweetcorn**

**Rabbit's delightful salad bar**

*"A bear, however hard he tries,  
grows tubby without exercise."*



*"What tiggers do best"*

**Tiger's choice of  
ice-cream tubs or smoothies**

**Roo's fresh fruit selection**

*"I did know once, only I've  
sort of forgotten."*



**There will be fun colouring activities throughout lunchtime**





# Buzzing Bumblebees



Do you want to improve your English?  
Are you looking after children, 0-2 years old?  
Learn some basic English through stories and rhymes  
Toys and refreshments provided

## Chelmsford Library

10-11am  
Friday 24 November  
Friday 15 December  
Friday 26 January  
Friday 23 February



For further information contact  
Essex Libraries on 0345 603 7626  
or visit [libraries.essex.gov.uk/events](http://libraries.essex.gov.uk/events)



CHELMSFORD  
CATHEDRAL

Chelmsford Cathedral Choir  
*an education for life*



Choristers learn singing, music theory, history, social skills, and much more...  
Amazing singing opportunities locally and internationally

Radio and TV broadcasts, recordings, concerts, tours

*Portrightly singing lessons*

Earning choir pay

*Having fun, making new friends*

*All training is provided, and the choir is free of charge to join.*

'Be a chorister for an afternoon' - recruitment event for boys aged 7 - 9

**Saturday 27 January from 2 pm until 6 pm**  
(choral service at 5.15 pm)

Join the choristers for warm-ups and singing rehearsals,  
play musical games, try on robes, find your singing voice,  
and experience the sound of singing inside Chelmsford's amazing Cathedral  
*Refreshments are also provided for parents and guardians, who can meet other  
choir parents and find out more about this amazing life-changing opportunity.*

*Choir membership has benefits for parents too -  
come along with your son and find out more!*



The Cathedral Choir is part of the musical life of Chelmsford Cathedral, singing at services during school term times, Christmas and Easter.  
The choir also sings in other places, recently including St Paul's Cathedral, the Cenotaph in Whitshall, Snape Maltings concert hall, Colchester's Moot Hall, as well as local events in the Chelmsford area, and around Essex.



To find out more about the choir and the recruitment event,

contact :  
James Davy Organist and Master of the Choristers  
[james.davy@chelmsfordcathedral.org.uk](mailto:james.davy@chelmsfordcathedral.org.uk) 01245 294481

Follow us on social media:  
[twitter.com/occhoralfoundat](https://twitter.com/occhoralfoundat) [facebook.com/chelmsfordcathedralmusic](https://facebook.com/chelmsfordcathedralmusic)



## Parent First Aid Courses

St Paul's Church  
Loftin Way, Great Baddow  
Friday mornings 9.30am to 12.30pm  
(see overleaf for dates)

Cost—£35

[www.completefirstaid.org](http://www.completefirstaid.org)

Ideal for parents and anyone else (<http://www.completefirstaid.org>) to look after someone in a life threatening emergency.

This 3 hour course is delivered in a fun, practical manner and covers:

- CPR for adults, infants and children
- Choking
- Serious bleeding & minor Injuries
- Spinal injuries, dislocations and fractures
- Burns and scalds
- Head injuries, poisoning & asthma
- Febrile convulsions & meningitis



Want to know more?

Call

07907 488 958

or email

[hello@completefirstaid.org](mailto:hello@completefirstaid.org)

Complete First Aid



[www.completefirstaid.org](http://www.completefirstaid.org)

## [www.completefirstaid.org](http://www.completefirstaid.org)

### COURSE DATES 2018

COURSE TYPE	DATE	TIME	COST
Parent First Aid	Friday - 26 February 2018	9.30am to 12.30pm	£35
Parent First Aid	Friday - 26 March 2018	9.30am to 12.30pm	£35
Parent First Aid	Friday - 27 April 2018	9.30am to 12.30pm	£35
Parent First Aid	Friday - 18 <sup>th</sup> May 2018	9.30am to 12.30pm	£35
Parent First Aid	Friday - 22 June 2018	9.30am to 12.30pm	£35

At the end of this friendly 3 hour course you will have gained a range of skills and have the knowledge and confidence to deal with the most common family first aid incidents.

You will receive a certificate for attending.

**Just visit the website to book a place:**

[www.completefirstaid.org/course-dates](http://www.completefirstaid.org/course-dates)

**If it was your child would you know  
what to do in an emergency?**