



Issue: 16  
5<sup>th</sup> January 2018

**DISCIPLINE IS JUST  
CHOOSING BETWEEN  
WHAT YOU WANT NOW  
AND WHAT YOU  
WANT MOST.**

**Dear Parents/Carers**

We wish you all a very happy new year, and all the very best for 2018. Many children have been thinking about their new year resolutions, and in 2C the children have written theirs on stars.



- HAVE** hope
- TRY** new things
- BE** active
- SEE** the good!
- SAY** "I Love You," more
- CHALLENGE** yourself
- CHOOSE** to be happy
- EAT** better
- ENJOY** today
- FORGIVE** more readily
- READ** more often
- BECOME** your best you



**THE BISHOPS' SCHOOL NEWS**

Last term lots of the classes had Christmas parties and you were all very generous in giving some party food for the children to share. There was too much food for the children to all enjoy so we decided to donate the left over food from Years 1,2,3 &4 to the Food Bank. On Thursday 21st December Miss Hinchcliffe took the food to the Food bank and it weighed nearly 13kg. The people at the Food Bank were very grateful for the kind donation and said that some families would be very surprised to receive some very nice food parcels over the Christmas Holiday.



**Live Fully, Laugh Often, Learn Deeply,  
Love as God Loves You and Let Your Light Shine**



This term we welcome Mrs Termezi who is supporting learning in 1H, Mrs McLucky who is in 4SH-W, and Miss Carr who is in 6A.



It is also a great pleasure to welcome Mrs Taylor back to the school – she is teaching for two days a week in 1C.

The staff came back a day earlier, and most teachers and some LSAs refreshed their First Aid knowledge. Of course Luna had to be involved.....








Dear The Bishops' School,

Thank You All Staff and Helpers for the most fabulous time at the Christmas Fayre this evening. It is the 9th Fayre we have attended and the amount of work that goes into making it 'So Very Memorable' for the school is phenomenal. Here are 2 naughty elves that were up to mischief while we were waiting to see Santa! x



## Lunchtime Menu

Week beginning Monday 8<sup>th</sup> January 2018

MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Pasta Day!</b> Choose from some meat free toppings: Three Cheese Tomato and Basil Pesto (Nut Free) Ratatouille	<b>NEW!</b> Fishwich Fish Fillet in a Crispy Crumb served with Lettuce and Mayo in a Bun	Local Butcher's Roast Gammon served with a Yorkshire Pudding and Gravy	Homemade Chicken Korma	Oven Baked Chicken Nuggets 
	Spicy Beanburger in a Bun	Cheese and Onion Quiche		Quorn Dippers
Garlic Bread	<b>NEW!</b> Edgy Wedges Homemade Coleslaw	Roast Potatoes Fresh Carrots Broccoli Florets	Naan Bread Wholegrain and White Rice	Chips Baked Beans Garden Peas
Jacket Potato with Cheese or Tuna Mayo			Jacket Potato with Baked Beans or Tuna Mayo	
Muller Corner Yoghurt or Organic Yeo Valley Yoghurt or Selection of Fresh Fruit 	Homemade Cake or Muller Corner Yoghurt or Organic Yeo Valley Yoghurt or Selection of Fresh Fruit	Fruit Smoothies or Muller Corner Yoghurt or Organic Yeo Valley Yoghurt or Selection of Fresh Fruit	Warm Chocolate Brownie or Muller Corner Yoghurt or Organic Yeo Valley Yoghurt or Selection of Fresh Fruit	Ice-cream or Muller Corner Yoghurt or Organic Yeo Valley Yoghurt or Selection of Fresh Fruit

**Salad Bar and Fresh Bread available everyday**



Please keep up the campaign for Responsible Parking and, for those who have been asking for additional parking spaces for bikes and scooters, it was installed on Tuesday.



## PTA

Happy New Year from all the officers and members of the PTA.

### ADVANCE NOTICE

The **PTA AGM** is taking place on the **16th January 2018 at 7.15pm** in the staff room. At this meeting we will have a brief overview of the events of the previous year and the treasurer will talk us through the financial report.

Following this the current Chair, Vice Chair, Treasurer and Secretary will officially stand down as per our constitutional agreement. The vacancies must be filled by the close of the meeting for the PTA to remain. If you are interested in knowing more about the roles then please email/message or catch me in the playground for a chat.

The meeting is open to any parent to attend.  
Everyone is welcome.

Kind Regards and thank you for all your support during my year as Chair.  
Jane.

Find us @BishopsPta or  
The Bishops' School PTA on Facebook.  
Or contact us at: [thebishopspta@hotmail.com](mailto:thebishopspta@hotmail.com)

## Band

Please be advised that Band  
will resume next  
Wednesday 10th January 2018.

### MUSIC MATTERS!



## Medication

Please may we remind you that all parents or those who have parental responsibility must make every effort to arrange for medication to be taken under **THEIR** supervision and not that of the school, and during times that are outside of normal school hours.

Thank you.



## Looking Ahead...

### Monday 8<sup>th</sup> January —

Year 3 Portals to the Past history day in school

### Tuesday 9<sup>th</sup> January—

Christingle Service for group 1 in school (Hghogs, 1C, 2C, 3R, 4S, 5E, 6A)

Year 5/6 Sportshall Athletics (selected children) at CSAC, 1 to 3pm

### Wednesday 10<sup>th</sup> January —

FS Learning Afternoon for parents in the hall, 2 to 3pm





# Christmas Tree Recycling



Register before  
4<sup>th</sup> January  
12 noon



**Register now** on the Farleigh Hospice website:  
[www.farleighhospice.org/treerecycling](http://www.farleighhospice.org/treerecycling)

We will collect on: 6<sup>th</sup> and 7<sup>th</sup> January 2018 from:  
CM1, CM2, CM3, CM8, CM9, CM0

Suggested minimum donation of just £5 per tree,  
but please feel free to give more.

Thank you to all of the organisations and individuals that are involved in the success of the event.  
Chelmsford City Council, Fineout (UK) Ltd, Chandler Material Supplies, Reliable Removals, Chelmsford Lions Club,  
The Church of Jesus Christ the latter Day Saints, General's Farm, DF Clark Landscaping, Malden District Council,  
Heybridge Swifts, Peglar Removals, Runham Town Council, The Tines, Bumbara Rugby Club, Church Parochial Council.  
A huge thank you to all our wonderful volunteers, without whom we could not organise this event.



It is because you care  
that we can  
Registered charity no 204870

IT won't cost the  
money please call  
01206 757575

In association with  
**JUST-HELPING**



Supported using public funding by  
Department for Education  
**ARTS COUNCIL ENGLAND**

Ever wanted to learn an instrument?



come to the **Chelmsford Music School Open Evening**  
at **Sandon School, 4.30pm – 7.30pm**  
on **10 January 2018**

You could try:

flute, oboe, clarinet, saxophone, guitar, piano, drums,  
singing, french horn, trumpet, trombone, violin

We will be able to offer a number of free taster lessons during the evening, group activities  
including Samba, African Drumming, Ukelele and Vocal groups and an instrument zoo  
(where you get to try all the instruments).

This event is open to children aged 5-18 but as there is a limited availability for taster  
lessons, please do register in advance by using the following link:  
<https://UKESSEX.speedadmin.dk/tl/melding#/Course/49>

If you have any queries, please email the Teacher in Charge – Andy Heard at:  
[Andy.Heard@essex.gov.uk](mailto:Andy.Heard@essex.gov.uk) / 07827 233605

[www.essexmusichub.org.uk](http://www.essexmusichub.org.uk)



Essex County Council

## Buzzing Bumblebees

Do you want to improve your English?  
Are you looking after children, 0-2 years old?  
Learn some basic English through stories and rhymes  
Toys and refreshments provided

**Chelmsford Library**

10-11am

Friday 24 November

Friday 15 December

Friday 26 January

Friday 23 February



For further information contact  
Essex Libraries on 0345 603 7628  
or visit [libraries.essex.gov.uk/events](http://libraries.essex.gov.uk/events)



## Meet the Author



**Fiona Bowman**

**Chelmsford Library**

Friday 12 January, 2-3pm

Come and meet Fiona as she promotes  
her book 'Did I Wake You Pet' - her true  
life experience of domestic violence

For further information contact  
Essex Libraries on 0345 603 7628  
or visit [libraries.essex.gov.uk/events](http://libraries.essex.gov.uk/events)





## Your care in the best place

At home, in your community and in our hospitals

### Providing the best health and care for you and your family.

While there are many examples of excellent care in mid and south Essex, we know we could do better.

#### Summary of the proposals for changes in hospital care:

To help secure our local NHS into the future, we have been working to redesign the way we deliver care across a range of highly specialised hospital services.

We have identified some areas which we believe will begin to address the challenges and want to find out what you think of these plans which include:

- 1** Making improvements in A&E at all three hospitals with the development of new assessment and treatment centres alongside each A&E. All three A&Es will be led by a consultant, open 24 hours a day and will receive "blue light" ambulances.
- 2** Develop a new specialist stroke unit which would provide the highest dependency and intensive care for people in the first 72 hours following a stroke alongside rapid access to diagnostics and specialist interventions. This would be in addition to the existing stroke care units at all three hospitals which would remain in place.
- 3** Bring together in one place some specialist inpatient care where there is existing expertise and to allow for extended hours, seven day a week consultant and specialist cover for these services. Clinical evidence from elsewhere shows that this would improve care and the chances of a making a good recovery.

Health and social care partners across mid and south Essex have teamed up to develop a plan to improve how local people can get the right care they need, when they need and in the best place, whether that is at home, in the community or in hospital.

Known as the Mid and South Essex Sustainability and Transformation Partnership (STP), this is one of 44 STPs in England.

The area involved covers Braintree, Maldon and Chelmsford in mid Essex; and Southend, Castle Point and Rochford, Basildon, Brentwood and Thurrock in south Essex.

The plans aim to help our services meet the challenges faced today alongside the action we think is needed to meet the demands of the future.

Over the next five years, our vision is to unite our different health, care and voluntary services around you and all of your needs, with physical, mental and social care working together.

- **Starting with you and your family, there is more that we can all do to stay healthy and avoid serious illness.**
- **At home and in your community, we are building up GP and community services, such as pharmacists, experienced nurses, physiotherapists and mental health therapists; and increasing the range of services available via GP practices.**
- **In our hospitals, all three main hospitals in Southend, Chelmsford and Basildon will each continue to provide the vast majority of hospital services, including A&E at all three sites but work together to provide more specialised care.**

- 4** Separate some planned operations from emergency cases. For example, some complex orthopaedic operations that need a few days hospital stay could be performed in Southend Hospital for people in south Essex and Braintree Community Hospital for people in mid Essex. This would reduce cancelled operations and rates of infection by separating this type of care from emergency care.
- 5** Moving community services closer to where people live. For example in Thurrock the proposals outline how services currently provided at Orsett Hospital could be provided in four new "integrated medical centres" and existing and new facilities across Basildon, Brentwood and Billericay.

Our proposals aim to bring together some specialist services, for the times where, once or twice in a lifetime, you might need very specialist emergency care or a planned overnight operation.

We estimate the proposed new arrangements would mean that around 15 emergency patients and 14 planned operations per day would go to a different hospital for a few days; but the benefit is that a larger team would be able to provide immediate specialist treatment and help you to make a quick recovery.

To help support these changes, we will develop a new clinical transfer service for patients who need fast transfer to another hospital - this may include travelling with appropriately trained health care professionals to ensure your safety.

We are also proposing to establish a new free bus service to help friends and family visit you while in hospital.



## Having your say

These proposals have been developed over the past 18 months where we have spoken to local people, clinical teams and our partner organisations.

We have now launched a formal public consultation to gather views and feedback from across all of our local communities, NHS staff and partners before a final decision is made in summer 2018.

There are a number of ways to get involved (see back cover for details)



### Discussion events

Across mid and south Essex, we will be running a number of public engagement events where you will be able to hear more about our proposals and have the opportunity to tell us what you think. These will be an important opportunity for your voice to be heard.

#### Basildon and Brentwood

6.30pm-8.30pm on Tuesday 16 January 2018, Wick Community Centre, Wickford, Essex SS12 9NR

1.30pm-3.30pm on Wednesday 17 January 2018, Chantry House, Chantry Way, High St, Billericay CM11 2BB  
(parking: please use Billericay High Street car parks)

6.30pm-8.30pm on Wednesday 21 February 2018, Brentwood Community Hospital, Crescent Drive, Brentwood, Essex CM15 8DR

1.30pm-3.30pm on Tuesday 27 February 2018, The Griegud Room, Towngate Theatre, St. Martins Square, Basildon, Essex SS14 1DL

#### Castle Point, Rochford and Southend-on-Sea

6.30pm-8.30pm on Thursday 8 February 2018, Maritime Room, Cliffs Pavilion, Westcliff-on-Sea, Essex SS0 7RA

2.30pm-4.30pm on Tuesday 20 February 2018, Oysterfleet Hotel, 21 Knightswick Road, Canvey Island, Essex SS8 9PA

2.30pm-4.30pm on Wednesday 7 March 2018, Audley Mills Education Centre, 57 Eastwood Rd, Rayleigh, Essex SS6 7JF

Continued on back cover >>

## How to contact us

Email: [meccg.stpconsultation@nhs.net](mailto:meccg.stpconsultation@nhs.net)

Phone: 01245 398118

Address: Consultation Team, Mid and South Essex STP, Wren House, Colchester Road, Chelmsford, Essex CM2 5PF

[f/STRMid.South.Essex](https://www.facebook.com/STRMid.South.Essex)

[@MSEssex\\_STP](https://twitter.com/MSEssex_STP)



### Discussion events (continued)

#### Mid Essex

6.30pm-8.30pm on Tuesday 9 January 2018, Chapter House, Cathedral Walk, Chelmsford, Essex CM1 1NX

1.30pm-3.30pm on Wednesday 31 January 2018, Michael Ashcroft Building (1st Floor), Anglia Ruskin University, Chelmsford Campus, Bishop Hall Lane, Chelmsford, Essex CM1 1SQ

6.30pm-8.30pm on Wednesday 7 February 2018, Braintree Town Hall (main room), Market Place, Braintree, Essex CM7 3YG

6.30pm-8.30pm on Wednesday 28 February 2018, Plume Academy School, Farnbridge Road, Maldon, Essex CM9 6AB

#### Thurrock

6.30pm-8.30pm on Wednesday 24 January 2018, Civic Hall, Blackshots Lane, Grays, Essex RM16 2JU

1.30pm-3.30pm on Tuesday 6 March 2018, Civic Hall, Blackshots Lane, Grays, Essex RM16 2JU

To book your place, visit: <http://bit.ly/2Agdnpr> or contact us using our details above.

Please check our website regularly as more dates will be added: [www.nhsmidandsouthessex.co.uk/have-your-say/events](http://www.nhsmidandsouthessex.co.uk/have-your-say/events)

We hope you will be prepared to take an active part